

# AAOM Annual Workshop

*August 10, 11 and 12, 2017*

## *Regenerative Medicine in a Sports Medicine Practice*

### **Workshop 1 - August 10**

#### ***Interventional Regenerative Orthopaedic Medicine Workshops (IROM)***

*Regenerative Medicine in a Sports Medicine Practice from Basics  
to Advanced; Procedures, Techniques and Treatments*

### **Workshop 2 - August 11**

#### ***Interventional and Regenerative Orthopaedic Medicine (IROM)***

*Regenerative Medicine in a Sports Medicine Practice;  
Procedures, Techniques and Treatments for the Lumbar Spine  
and Lower Extremity*

### **Workshop 3 - August 12**

#### ***Interventional and Regenerative Orthopaedic Medicine (IROM)***

*Regenerative Medicine in a Sports Medicine Practice;  
Procedures, Techniques and Treatments for the Cervical Spine  
and Upper Extremity*



## OVERVIEW

**August 10, 11 and 12, 2017**

**NEW** Workshop Location:

*AREF (Andrews Research & Education Foundation Bldg.)*

1020 Gulf Breeze Parkway, Gulf Breeze, FL 32561

### Course Description

The 2017 AAOM Annual Workshop provides hands on training regarding the Products, Procedures, Techniques and Treatments of Regenerative Orthopaedic Medicine for the Sports Medicine Practice. The 2017 AAOM Annual Workshops provides an understanding about how all of the related products work, giving you the tools and skills to achieve successful patient outcomes, and teaching you how to incorporate Regenerative Medicine into your practice.

### Course Objectives

- a. Gain understanding of Interventional Regenerative Orthopedic Medicine
- b. Incorporate Interventional Regenerative Orthopedic Medicine procedures in treating your patients
- c. Provide high-quality basic to advanced training in IROM Procedures, Techniques and Treatments
- d. Attain eligibility for AAOM IROM – C competency certification

## Expert Sports Medicine and Regenerative Medicine Faculty



Tommy Bond  
MD



Wajid Burad  
MD



Bjorn Eek  
MD



Jonathan Fenton  
DO



May Friedlis  
MD



David Harshfield  
MD



Paul Lieber  
MD



Sean Mulvaney  
MD



Michael Scarpone  
DO



Brian Shiple  
DO

## Curriculum Fulfillment for Specialist in (IROM) IROM 200: AAOM Annual Cadaver Workshop

- A Beginner/Intermediate level course with pre-requisites of IROM 101
- This educational session focused on the learner obtaining the appropriate physical exam skills, palpation, guidance, marking, and safety and injection skills necessary to gain entrance into an international course.
- It is a mixture of didactic lectures, small group hands – on sessions, round tables, and cadaver lab stations (utilizing both intermittent fluoroscopy and ultrasound).

# Interventional Regenerative Orthopaedic Medicine Workshops (IROM)

August 10, 11 and 12, 2017

Gulf Breeze, FL

**DAY 1: THURSDAY, AUGUST 10**

**TOPIC:** *Regenerative Medicine in a Sports Medicine Practice from Basics to Advanced; Procedures, Techniques and Treatments*

TIME	LECTURE	FACULTY
7:00 – 9:30 am	Overview: What is Interventional Regenerative Injection Therapy? (Introduction to Prolotherapy, PRP, stem cells, grafts, and guided procedures)	Tommy Bond, MD
	When to Use Different Techniques by Condition	Michael Scarpone, DO
	The Other Side of the Equation: Helping the Body to Heal Better (Joint stability, tensegrity, hormone support, nutritional support)	Jonathan Fenton, DO
	Safety Concerns, Malpractice Concerns	Mayo Friedlis, MD
	How to Start Your Practice (equipment considerations/limitations, staffing considerations, marketing)	Brian Shiple, DO
LABS		
10:00 – 12:30 pm	Prolotherapy/PRP Demo - knee - treating the whole joint	Sean Mulvaney, MD; J. Fenton; B. Shiple; M. Scarpone
	Prolotherapy/PRP Demo - shoulder - treating the whole joint	
	Prolotherapy/PRP Demo with shoulder, US guided treating the whole joint	
1:30 – 5:30 pm	a. PRP preparation	All Faculty
	b. Adipose preparation	
	c. BMA iliac crest with US	
	d. BMA iliac crest with Fluro	
	e. Adipose stem cell extraction, blind and with US	
5:30 – 6:00 pm	Session Q&A	All Faculty

**DAY 2: FRIDAY, AUGUST 11****TOPIC:** *Regenerative Medicine in a Sports Medicine Practice; Procedures, Techniques and Treatments for the Lumbar Spine and Lower Extremity*

TIME	LECTURE	ALL FACULTY
7:30 – 12:00 pm	Table 1: Palpation guided Injections of the Lumbosacral Region on Cadaver	Bjorn Eek, MD
	Table 2: Palpation Guided Injections of the Hip on Cadaver	J. Fenton, DO
	Table 3: Ultrasound Guided Injections of the Hip on Cadaver	T. Bond, MD
	Table 4: Nerve Blocks for the Lower Extremity	S. Mulvaney, MD
1:00 – 6:30 pm	Table 5: Palpation Guided Injections of the Knee on Cadaver	Wajid Burad, MD
	Table 6: US Guided injections of the Knee on Cadaver	B. Shiple, DO
	Table 7: Palpation Guided Injections of the Foot and Ankle	M. Scarpone, DO
	Table 8: Ultrasound Guided Injections of the Foot and Ankle	David Harshfield, MD
	Table 9: Fluoroscopic Guided Intra-articular injection of the Hip, Knee and Ankle	Paul Lieber, MD

**DAY 2: SATURDAY, AUGUST 1****TOPIC:** *Regenerative Medicine in a Sports Medicine Practice; Procedures, Techniques and Treatments for the Cervical Spine and Upper Extremity*

TIME	LECTURE	ALL FACULTY
7:30 – 12:00 pm	Table 1: Palpation guided injections of the shoulder	M. Friedlis, MD
	Table 2: Palpation guided injections of the elbow	P. Lieber, MD
	Table 3: Palpation guided injections of the wrist and hand	Wajid Burad, MD
	Table 4: Nerve blocks of Upper extremities	J. Fenton, DO
1:00 – 6:30 pm	Table 5: Ultrasound guided injections of the shoulder	B. Shiple, DO
	Table 6: Ultrasound guided injections of elbow	M. Scarpone, DO
	Table 7: Ultrasound guided injections of the wrist and hand	S. Mulvaney, MD
	Table 8: Fluoroscopic guided injections of the shoulder, elbow, wrist and hand	D. Harshfield, MD
	Table 9: Palpation guided injections of the cervical spine	B. Eek, MD / T. Bond, MD





## TRAVEL

### Airport

Pensacola Regional Airport (PNS)

### Hotels

Multiple hotels are readily available in the Pensacola, Gulf Breeze, and Pensacola Beach areas-Costs per night vary with type of property, location, booking dates.

AAOM will be scheduling a Shuttle to loop around to hotels in Gulf Breeze, and Pensacola Beach to drop off at and pick up from AREF daily.

Suggested Hotels on AAOM Workshop Shuttle Loop include:

- Margaretville Beach Hotel – Pensacola Beach (850)916-9755 (AAOM Faculty Hotel)
- Hilton Pensacola Beach - Pensacola Beach (850) 972 1700
- Hampton Inn- Gulf Breeze (850)203-1333
- Hampton Inn-Pensacola Beach (850)932-6800
- Days Inn-Pensacola Beach (850)934-3300
- Quality Inn & Suites-Gulf Breeze (850)932-2214

# REGISTRATION FORM

## 2017 AAOM ANNUAL IROM WORKSHOP

Andrews Research and Education Foundation, Gulf Breeze, Florida, August 10 – 12, 2017

\_\_\_\_\_  
Last Name First Name

\_\_\_\_\_  
Mailing Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Telephone Email

### Registration Fees

#### AAOM Members (before July 15, 2017)

- Each 1-Day Workshop: \$995
- Sign up for 2 or more & Save over 20%
- 2 Workshops - \$1595
- All 3 Workshops - \$2395

#### Non-Members (before July 15, 2017)

- Each 1-Day Workshop: \$1195
- Sign up for 2 or more & Save over 20%
- 2 Workshops - \$1895
- All 3 Workshops - \$2695

### Deadline

The deadline for pre-registration is July 15, 2017.

### Cancellation Policy

**Member Refunds:** Requests for refunds must be received in writing by July 15, 2017. Your refund less a 25% processing fee will be mailed to you after the Workshop. No refunds will be granted after July 25, 2017.

**Non-Member Refunds:** Requests for refunds must be received in writing by July 15, 2017. Your refund, less a 50% processing fee will be mailed after the Workshop. No refunds after July 25, 2017.

I hereby authorize use of my:  
 Visa  MC  Amer. Express Amount: \$ \_\_\_\_\_

\_\_\_\_\_  
Account Number Exp. Date Sec. Code

\_\_\_\_\_  
Name on Card

\_\_\_\_\_  
Signature

### Mail or Fax to:

American Association  
of Orthopaedic Medicine  
555 Waterview Lane  
Ridgway, CO 81432

**Phone:** 888.687.1920 or 719.232.4084

**Fax:** 970 626 5033

**Or go online to register at:**

[www.aaomed.org](http://www.aaomed.org)



American Association of Orthopaedic Medicine  
555 Waterview Lane, Ridgway, CO 81432

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Interventional Regenerative  
Orthopaedic Medicine  
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